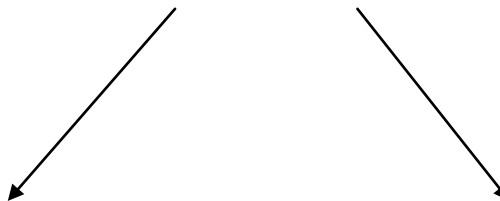
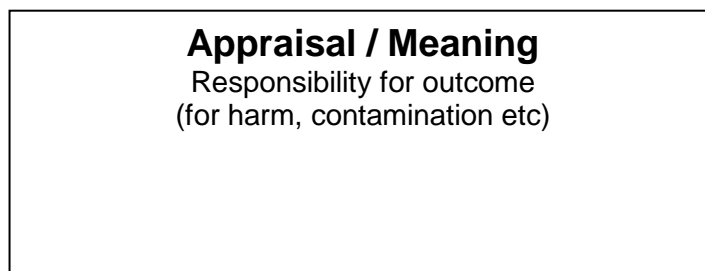


**OCD Model**  
(Salkovskis 1985)

**Situation**



Short circuit  
habit

